

Class Nursery Life Skill Topic Week 1

Dear Parents,

In today's fast-changing world, life skills are just as important as academic learning—essential tools that help children grow into capable, confident, and resilient adults. Recognizing this need, **SAFT** has launched a special initiative to actively involve parents in nurturing life skills in their children, tailored to each age group.

At the heart of this program is the idea of *quality time*—simple, meaningful moments you can share with your child. To make your participation easy and enjoyable, we have created user-friendly materials with color-coded sections. For example, **RED text highlights where your direct involvement is needed.**

Each day includes a clear theme, practical exercises, and an end-of-day evaluation. Please take a few moments to review these evaluations as they offer valuable insights into your child's progress and help strengthen the learning experience.

We invite you to take this opportunity to build lasting memories with your child—learning together while having fun!

Wishing you skillful and joyful holidays.

May God bless you and your family.

Warm regards,

Class Nursery Life Skill Topic Week 1

Theme: Basic responsibility (age 4 - 5 years)

Day 1: keeping toy at safe place

Objectives:

- To help children understand the importance of cleaning up and taking care of their belongings.
- Child will be organized.
- Eye and hand coordination
- Improvement of listening
- To develop a habit of keeping personal items organized.

Instructions

- Ask the child to play with their favorite toys. Once playtime is over, encourage the child to place each toy back in its correct place.

Parent's role

- Demonstrate how to sort and organize toys. Supervise and guide gently without doing it for the child. Praise the child warmly after the task.

Activity: "clean up time" child picks up and organizes toys after play.

Evaluation:

Did the child participate in cleaning up? (Yes/ No)

Did they identify where each toy belongs? (Yes / No)

Did they follow your instructions? (Yes/No)

Day 2: Putting shoes in the Right place.

Instructions:

- After removing shoes, guide the child to place them on the shoe rack or in a basket.
- Make it part of their daily routine.

Parent's role:

- Show them where shoes belong.
- Help them align shoes correctly
- Encourage them to do it every time .

Activity: " Shoes in place"

Child put shoes properly after taking them off.

Evaluation:

- Did the child remember to place shoes correctly? (Yes/ No)
- Needed reminders? (Yes/ No)
- Did they follow your instructions?(Yes/No)